

# Download Getting Past Your Breakup

Getting Past Your Breakup: How to Turn a Devastating Loss into the Best Thing That Ever Happened to You [Susan J. Elliott] on Amazon.com. \*FREE\* shipping on qualifying offers. A proven plan for overcoming the painful end of any romantic relationship, including divorce, with practical strategies for healing I've always maintained that fresh heartbreak leads people to make all kinds of poor decisions. These are things to stay away from if you're struggling with getting over a breakup. I've done every single thing on this list, so if you've already stumbled and made a few of these breakup mistakes, know that you're in good company. If you've been ...In this Article: Controlling Your Attitude Developing Perspective about the Past Moving Forward Community Q&A 12 References. Getting over your first love can be tough. photo credit: katielou33. Getting rid of your ex's stuff can be difficult for you because it cements the end of your relationship. After a breakup, it is important that you get rid of all things that remind you of your ex.