

Download How Not To Get Chronic Bronchitis A Family Doctor Booklet

How Not to Get Chronic Bronchitis (A Family doctor booklet) [J. G. Scadding] on Amazon.com. *FREE* shipping on qualifying offers. Chronic bronchitis treatment. Your doctor may prescribe a medicine called a bronchodilator to treat your chronic bronchitis. This medicine dilates (or opens) the airways in your lungs and helps you breathe better. This medicine is usually inhaled (breathed in) rather than taken as a pill. An inhaler is the device used to get the medicine into your lungs. It's important to use your inhaler the right way, so you get the most from the medicine. Your doctor will show you how to use your inhaler. A doctor may prescribe an antibiotic if he or she suspects that a bacterial infection is setting in. Be aware that there is no concrete evidence that antibiotics are helpful in the resolution of acute bronchitis if it is viral, not bacterial. Acute bronchitis usually heals by itself after about two weeks. You may still suffer from a cough, however, and some lingering fatigue. The road to recovery is about one single principle: get your resistance back up.