

Download Successful Relationships

There have been a thousand or more articles written about how to have a successful long-term relationship or marriage, but none that seem to capture some of the core ingredients I've found ...In romantic relationships, as with so much else, it's the little things that count. Just as a mis-spoken word or odd look can throw a couple into a weeks-long feud, small and seemingly insignificant gestures can help keep a relationship on track. A little gift, an off-hand compliment, a moment of physical contact can vastly strengthen a relationship. Viele übersetzte Beispielsätze mit "successful relationship" – Deutsch-Englisch Wörterbuch und Suchmaschine für Millionen von Deutsch-Übersetzungen. Our success in all relationships requires us to be ever mindful of our speech, of our thoughts, of our actions and our intentions. Being a loving partner, parent, friend, or co-worker bears much fruit in our lives. Successful Relationships require that we pay close attention, that we nurture our ability be more compassionate and that we stay calm. Mindfulness helps us be aware of the patterns that help us connect to ourselves and to others in our world....and, the world at large.